

RESOURCES FOR WEIGHT LOSS

MOST OF THE products mentioned throughout this book are offered through Dr. Colbert's Divine Health Wellness Center or are available at your local health food store.

Divine Health Nutritional Products

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Web site: www.drcolbert.com

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Maintenance nutritional supplements

- Divine Health Active Multivitamin
- Divine Health Living Multivitamin
- Divine Health Green Supreme Food

Omega oils

- Divine Health Living Omega

Protein powders

- Divine Health Plant Protein
- Divine Health Living Protein

Supplements for weight loss

- Fat Loss Drops

- PGX fiber
- Living Green Tea with EGCG
- Living Green Coffee Bean
- Meratrim (Metabolic Lean)
- MBS 360: contains green coffee bean and green tea with EGCG and Irvingia (available at www.mbs360.tv) This contains three fat-burners in one pill.
- 7-keto-DHEA

Supplements for thyroid support

- Metabolic Advantage
- Iodine Synergy

To curb food cravings

- Serotonin Max
- N-acetyl-tyrosine
- 5-HTP

Supplements to boost energy

- Divine Health Adrenal Support
- Divine Health PQQ
- Cellgevity (supplement to quench inflammation)