

LIES
Women
BELIEVE

AND THE TRUTH THAT SETS THEM FREE



NANCY DEMOSS
WOLGEMUTH

COUNTERING LIES WITH THE *Truth*

THE LIE

1. God is not really good.

THE TRUTH

- God is good, and everything He does is good.
Psalms 31:19; 34:8; 100:5; 106:1; 119:68; 136:1;
Ephesians 1:3-14
- God never makes mistakes.
Isaiah 46:10; Romans 8:28-39

THE LIE

2. God doesn't love me.

THE TRUTH

- God's love for me is infinite and unconditional.
John 15:13; Romans 5:8; 8:32, 38-39; Ephesians
3:14-19; 1 John 4:7-10
- I don't have to perform to earn God's love or favor.
Ephesians 1:4-6
- God always has my best interests at heart.
Psalm 21

THE LIE

3. God is just like my father.

THE TRUTH

- God is exactly what He has revealed Himself to be in
His Word.
John 1:1; Hebrews 1:3
- God is infinitely more wise, loving, generous, and
kind than any earthly father could ever be.
Hebrews 12:9-10

THE LIE

4. God is not really enough.

THE TRUTH

- God is enough. If I have Him, I have all I need.
Psalms 23:1; 73:23-26; Colossians 2:9-10

THE LIE

5. God's ways are too restrictive.

THE TRUTH

- God's ways are best.
Deuteronomy 6:24-25; Joshua 1:8
- God's restrictions are always for my good.
James 1:19-27
- Resisting or rebelling against God's ways brings conflict and heartache.
Psalm 68:6; Proverbs 15:32-33

THE LIE

6. God should fix my problems.

THE TRUTH

- In this world, we will have problems and pain.
Romans 8:21-22; John 16:33
- Our pain and heartaches are purposeful and will ultimately be for our good and His glory.
2 Corinthians 4:17; Job 23:10
- God has an eternal purpose He is fulfilling in the midst of my suffering.
Romans 5:3-4; James 1:2-4
- No matter what difficulty I may be facing, God's grace is sufficient for me.
2 Corinthians 12:7-10

COUNTERING LIES WITH THE *Truth*

THE LIE 7. I'm not worth anything.

THE TRUTH

- My value is not determined by what others think of me or what I think of myself. My value is determined by how God views me.
Psalm 139:1-18; Ephesians 1:3-8; 1 Peter 2:4
- God paid the ultimate price to purchase me for Himself.
John 3:16, Romans 5:6-8
- If I am a child of God, I am His cherished possession and treasure.
Romans 8:15-17; Ephesians 1:18; 1 Peter 2:9

THE LIE 8. I need to love myself more.

THE TRUTH

- By faith, I need to receive God's love for me.
Galatians 2:20; Romans 8:31-39; 1 John 4:16
- God wants me to experience His love and to let Him love others through me.
Matthew 16:24-26; John 15:12; Ephesians 5:29

THE LIE 9. I can't help the way I am.

THE TRUTH

- If I am a child of God, I can choose to obey God.
Romans 6:1-14; 8:1-2
- I am responsible for my own choices.
Deuteronomy 30:19; Joshua 24:15
- I can be changed through the power of God's Spirit.
Galatians 5:16; Philippians 2:13

THE LIE 10. I have my rights.

- THE TRUTH**
- Claiming rights will put me in spiritual bondage.
Jonah 4; Psalm 37:1-11; Luke 6:46
 - Yielding rights will set me free.
John 6:38; Hebrews 10:7

THE LIE 11. Physical beauty matters more than inner beauty.

- THE TRUTH**
- At best, as long as we are on this earth, physical beauty is temporal and fleeting.
Proverb 31:30
 - The beauty that matters most to God is that of my inner spirit and character.
1 Samuel 16:7; 1 Timothy 2:9; 1 Peter 3:3-5

THE LIE 12. I should not have to live with unfulfilled longings.

- THE TRUTH**
- I will always have unfulfilled longings this side of heaven.
Romans 8:23, 25; Ephesians 3:11; Hebrews 11:13-16
 - The deepest longings of my heart cannot be filled by any created person or thing.
Psalms 16:11; 73:25
 - If I will accept them, unfulfilled longings will increase my longing for God and for heaven.
Deuteronomy 8:3; Psalm 34:8-10; Philippians 3:20-4:1

COUNTERING LIES WITH THE *Truth*

THE LIE 13. I can sin and get away with it.

- THE TRUTH**
- The choices I make today will have consequences. I will reap what I sow.
Genesis 3:4-5; Galatians 6:7-8
 - Sin's pleasures only last for a season.
Hebrews 11:25
 - Sin exacts a devastating toll. There are no exceptions.
Psalm 10:6, 11, 13
 - If I play with fire, I will get burned. I will not escape the consequences of my sin.
Psalm 32:1-5; Ecclesiastes 8:12; 12:13-14; James 1:13-15

THE LIE 14. My sin isn't really that bad.

- THE TRUTH**
- Every act of sin is an act of rebellion against God.
Romans 5:6-7, 10; 1 John 1:5-10
 - No sin is small.
Proverbs 5:21; 20:27; Habakkuk 1:13; Romans 6:23; Galatians 5:19-21; James 5:19-20

THE LIE 15. God can't forgive what I've done.

- THE TRUTH**
- The blood of Jesus is sufficient to cover any and every sin I have committed.
1 John 1:7
 - There is no sin too great for God to forgive.
Psalms 85:10; 130:3-4
 - God's grace is greater than the greatest sin anyone could ever commit.
Romans 3:24-25; 6:11-14

THE LIE

16. It's not my fault!

THE TRUTH

- God does not hold me accountable for the actions of others.
Genesis 3:11-13; Ezekiel 18:19-22
- I am responsible for my own choices.
Psalm 51:1-10; Philippians 4:8-9; Colossians 3:1-17

THE LIE

17. I can't live in consistent victory over sin.

THE TRUTH

- If I am a child of God, I don't have to sin.
Romans 6:14
- I am not a slave to sin. Through Christ I have been set free from sin.
John 8:31-32, 36; 14:6; Romans 6:6-7; Galatians 5:1; Hebrews 10:10
- By God's grace and through the finished work of Christ on the cross, I can experience victory over sin.
John 15:5; 1 Corinthians 6:9-11; Galatians 2:20; 5:22-25

COUNTERING LIES WITH THE *Truth*

THE LIE 18. I don't have time to do everything I'm supposed to do.

THE TRUTH

- There is time in every day to do everything that God wants me to do.
Psalm 90:10-12; Luke 10:38-42; John 17:4;
Acts 20:24; Ephesians 2:10

THE LIE 19. I can thrive without consistent time in the Word and prayer.

THE TRUTH

- It is impossible for me to be the woman God wants me to be apart from spending consistent time cultivating a relationship with Him in the Word and prayer.
Job 23:12; Psalms 5:3; 27:4; 119:147; Proverbs 2:1-6; 3:5-6; Matthew 6:25-34; 14:23

THE LIE 20. My work at home is not as significant as the work or other activities I do outside the home.

THE TRUTH

- Keeping our homes is an important way we glorify God and advance the work of His kingdom.
1 Timothy 5:9-10
- The work we do in our homes is strategic for the gospel.
Titus 2:4-5

COUNTERING LIES WITH THE *Truth*

THE LIE **21. I can't tell anyone.**

THE TRUTH

- Healthy sex and sexuality is free of shame.
Genesis 2:25
- Guilt is God's tool to bring you back to Him and is free of undue condemnation.
1 John 2:1; Romans 8:1
- Shame is Satan's tool designed to drive you away from God.
Genesis 3:10
- God designed the Church to help bring healing to those struggling with sin and shame.
James 5:16
- Your sexual past and current temptations do not define you. The cross does.
1 Corinthians 6:9-12

THE LIE **22. My sexuality is separate from my spirituality.**

THE TRUTH

- God created the biological sexes of male and female to reflect something about His image.
Genesis 1:26-27
- When one man and one woman join together in marriage and sexual intimacy, they reflect the oneness of God the Father, God the Son, and God the Holy Spirit.
Genesis 2:24
- Marriage and sex are a picture of the gospel.
Ephesians 5:31-32

THE LIE

23. This is who I am.

THE TRUTH

- Feelings are not facts. The heart—my feelings—can be deceptive and wicked.
Jeremiah 17:9
- The most important thing about my sexuality is not how I feel, but what God says is true.
1 John 3:20
- My identity is as an image bearer of God.
Genesis 1:26-27
- Claiming that my identity is in my sexuality denies my purpose to glorify God.
Romans 1:20-23

THE LIE

24. God's standards for sex are out of date.

THE TRUTH

- God's standards were never "in style."
Genesis 19:5; 38:22; Leviticus 18; Judges 19:22; 1 Kings 11:1-8; 1 Corinthians 6:9
- Sexual integrity is when my sexual choices are a consistent expression of my relational and spiritual commitments.
Ephesians 5:3; 1 Thessalonians 4:3-5; 1 Corinthians 6:13-20
- God does not want me to engage in any form of sex outside of marriage.
Leviticus 18:22; 19:29; 20:10; Proverbs 7:4-27; Matthew 5:28; Mark 7:21-22; Romans 1:27; 1 Corinthians 6:9; 7:2; Ephesians 4:19; 5:3-4; 1 Thessalonians 4:3
- If I am married, God wants me to engage in regular and mutually pleasing sex with my husband—except when we agree together to abstain for a time of focused prayer.
1 Corinthians 7:1-5

THE LIE

25. I have to have an outlet for my sexual desire.

THE TRUTH

- My longing for intimacy is legitimate. The physical act of sex is an expression of the deeper work of intimacy a person longs to experience.
Genesis 4:1
- My longing for sexual expression can be a snare. Pursuing it apart from God's plan and order will lead to enslavement, not fulfillment.
Galatians 5:1
- I can live without a sexual outlet, but I cannot live without the unfailing love of God.
Proverbs 19:22 NIV

COUNTERING LIES WITH THE *Truth*

THE LIE 26. I have to have a husband to be happy.

THE TRUTH

- Being married (or not married) does not guarantee happiness.
James 1:16-17
- There is no person who can meet my deepest needs. No one and nothing can make me truly happy apart from God.
Psalms 62:5; 118:8-9; Jeremiah 17:5-7
- God has promised to provide everything I need. If He will receive more glory by my being married, then He will provide a husband for me.
1 Chronicles 29:11-12; Job 42:1-2; Proverbs 16:9; 1 Corinthians 7:25-38
- Those who wait on the Lord always get His best. Those who insist on getting what they want often end up with heartache.
Psalms 37:4; 106:15; Jeremiah 17:5-8

THE LIE 27. It's my job to change my mate.

THE TRUTH

- A godly life and prayer are a wife's two greatest means of influencing her husband's life.
James 5:16; 1 Peter 3:1-4

COUNTERING LIES WITH THE *Truth*

THE LIE 28. My husband is supposed to serve me.

- THE TRUTH**
- If I expect to be served, I will often be disappointed. If I seek to serve others without expecting anything in return, I will never be disappointed.
Proverbs 31:10–31; Mark 10:42–45
 - A wife has a distinctive calling to be a “helper”—an “indispensable partner”—to her husband.
Genesis 2:18
 - We are never more like Jesus than when we are serving others.
John 13:5

THE LIE 29. If I submit to my husband, I’ll be miserable.

- THE TRUTH**
- Through submission, a wife has the privilege of painting a picture of the church’s submission to Christ.
Ephesians 5:21–22
 - Through submission, a wife entrusts herself to the One who has ultimate control of her husband and of her situation and is always looking out for her best interests.
Proverbs 21:1
 - A wife’s respectful, submissive spirit can be a powerful means of influencing a husband who is disobedient to God.
1 Peter 3:3–6

THE LIE

30. If my husband is passive, I've got to take the initiative, or nothing will get done.

THE TRUTH

- If a woman jumps in to take the reins, rather than waiting on God to move her husband, her husband is likely to be less motivated to fulfill his God-given responsibility.

Genesis 16:1-2; Psalm 27:14

THE LIE

31. There's no hope for my marriage.

THE TRUTH

- Marriage is a lifelong covenant that is intended to reflect the covenant-keeping heart of God.
Genesis 2:18-24; Ecclesiastes 5:4-6; Malachi 2:13-16; Mark 10:2-12
- There is no marriage God cannot heal. There is no person God cannot change.
Matthew 5:44; 18:21-22; Mark 11:25
- God uses the rough edges of each partner in a marriage to conform the other to the image of Christ.
Ephesians 5:24-27
- God's grace is sufficient to enable a woman to be faithful to her husband and to persevere in extending Christlike love and forgiveness.

2 Corinthians 12:9

COUNTERING LIES WITH THE *Truth*

THE LIE **32. I have the right to control my reproductive choices.**

THE TRUTH

- God is the Creator and Giver of life.
Genesis 1; 2:7
- God is ultimately in charge of a woman's body and her fertility. He is the One Who opens and shuts the womb.
Genesis 20:18; 29:31
- Life begins at conception. Abortive methods of contraception are the taking of a life.
Genesis 2:7; 9:6; Psalm 22:9-10; Job 31:15; Jeremiah 1:4-5

THE LIE **33. We can't afford (more) children.**

THE TRUTH

- Children are a blessing from God and a fulfillment of the command of God to multiply and fill the earth. One of the purposes of marriage is to produce "godly offspring."
Genesis 1:28; Psalms 113:9; 127:3-5; Malachi 2:15
- The Lord will provide everything a woman needs to raise and provide for any children He gives her.
Luke 12:24; Matthew 6:31-32; Philippians 4:13, 19

COUNTERING LIES WITH THE *Truth*

THE LIE

34. I can't control/can control the way my children turn out.

THE TRUTH

- God promises a blessing to parents who keep His covenant and who teach their children to do the same.
Psalm 103:17-18; Acts 2:39
- Parents cannot force their children to walk with God, but they can model godliness and cultivate a climate in the home that creates an appetite for God and is conducive to the spiritual nurture and growth of their children.
Psalm 144:12, 15; Isaiah 54:13; Matthew 5:13-16
- Parents who assume their children know the Lord, regardless of their lifestyle, may give their children a false sense of security and may not be praying appropriately for their children.
Jeremiah 32:40; Hebrews 3:14

THE LIE

35. My children are my number-one priority.

THE TRUTH

- Loving and serving God is every believer's highest priority.
Deuteronomy 10:12; Luke 10:27; Matthew 12:50
- It is possible to sin by loving our children more than we love the Lord.
Matthew 10:37; Luke 14:26
- Children are taught to put God first by watching their parents put God first.
Deuteronomy 6:7; Proverbs 22:6; Ephesians 5:1
- Children need to be trained to be selfless rather than selfish.
Micah 6:8; Ephesians 6:4; Hebrews 12:9-10; Proverbs 22:15

THE LIE

36. I'm not/she's not a good mother.

THE TRUTH

- The sin of comparison leads to pride and envy.
James 3:14-18; Proverbs 8:13; 1 Corinthians 3:3
- Ultimately, every mom is accountable to the Lord for her parenting choices.
Romans 14:1-14; Matthew 12:36; Romans 2:16;
1 Corinthians 4:5; Galatians 6:3-4
- Accepting people whose parenting opinions differ from our own brings glory to God.
Romans 15:7; James 3:12-18; Ephesians 4:2

COUNTERING LIES WITH THE *Truth*

THE LIE 37. If I feel something, it must be true.

- THE TRUTH**
- My feelings cannot always be trusted. They often have little to do with reality and can easily deceive me into believing things that are not true.
Psalm 119:29-30; Jeremiah 17:9-10
 - I must choose to reject any feelings that are not consistent with the Truth.
Psalms 33:4; 51:6; 56:3-4; Ephesians 4:14-15; Philippians 4:8-9

THE LIE 38. I can't control my emotions.

- THE TRUTH**
- I do not have to be controlled by my emotions.
Psalm 6:1-10; Isaiah 54:10; Matthew 5:44; 28:20; Ephesians 4:26; Philippians 4:4-7; 1 Thessalonians 5:18
 - I can choose to fix my mind on the Truth, to take every thought captive to the Truth, and to let God control my emotions.
Psalm 42:11; Isaiah 26:3; 50:10; John 10:10; 17:17; 2 Corinthians 10:5; Philippians 4:8-9; Colossians 3:1-2

THE LIE

39. I can't help how I respond when my hormones are out of whack.

THE TRUTH

- By God's grace, I can choose to obey Him regardless of how I feel.
Philippians 2:12-13; James 4:7
- There is no excuse for ungodly attitudes, responses, or behavior.
1 Thessalonians 5:23-24
- My physical and emotional cycles and seasons are under the control of the One who made me, cares for me, and has made provision for each stage of my life.
Psalm 139:1-18

THE LIE

40. I can't bear being depressed.

THE TRUTH

- Physical and emotional symptoms of depression are sometimes the fruit of issues in the spirit that need to be addressed.
1 Samuel 1:6-7; 1 Kings 21:4, 7; Psalms 32:3-4; 42:3-8; 55:4-5; Lamentations 3:1-33; Jonah 4:1-4
- Regardless of how I feel, I can choose to give thanks, to obey God, and to reach out to others.
Philippians 4:4-7
- God has given us powerful resources—His grace, His Spirit, His Word, His promises, the body of Christ—to minister to our emotional needs.
Psalm 25:4-5; Romans 8:26; 2 Corinthians 12:9

COUNTERING LIES WITH THE *Truth*

THE LIE 41. If my circumstances were different, I would be different.

- THE TRUTH**
- My circumstances do not make me what I am; they merely reveal what I am.
Matthew 6:21; 15:19; Luke 6:45
 - If I'm not content with my present circumstances, I'm not likely to be happy in another set of circumstances.
Philippians 4:11-12
 - I may not be able to control my circumstances, but my circumstances do not have to control me.
Hebrews 13:5; James 1:2-5
 - Every circumstance that touches my life has first been filtered through God's fingers of love.
Genesis 45:8; 50:20; Job 1:8-12; 14:5; Psalm 139:16; Matthew 10:29-31; Romans 8:28

THE LIE 42. I shouldn't have to suffer.

- THE TRUTH**
- It's impossible to become like Jesus apart from suffering. There is redemptive fruit that cannot be produced in our lives apart from suffering.
Hebrews 5:8; 1 Peter 4:1
 - Suffering can become a doorway into greater intimacy with God.
Acts 14:22; 1 Peter 2:21; 3:9
 - True joy is not the absence of pain, but the presence of Christ in the midst of the pain.
Psalm 23:4; Hebrews 2:10, 17-18; 1 Peter 5:10

COUNTERING LIES WITH THE *Truth*

THE LIE 43. My circumstances will never change—this will go on forever.

- THE TRUTH**
- My suffering may last a long time, but it will not last forever.
Psalm 30:5, 11-12; Romans 8:18; 2 Corinthians 4:8-18
 - My painful circumstances will not last one moment longer than God knows is necessary to achieve His eternal purposes in and through my life.
Genesis 21:5-7; 40:23-41:1; John 11:17
 - One day all pain, suffering, and tears will be removed forever.
Isaiah 35:1, 10; Revelation 21:1-7

THE LIE 44. I just can't take any more.

- THE TRUTH**
- Whatever my circumstance, whatever my situation, His grace is sufficient for me.
Psalm 130:5; 2 Corinthians 12:7-10
 - God will never place more on me than He will give me grace to bear.
2 Corinthians 11:22-30

THE LIE 45. It's all about me.

- THE TRUTH**
- God is the beginning and end and center of all things. All things were created by Him and for Him. It's all about Him!
Acts 20:24; Colossians 1:16-18



PREFACE

1. Nancy DeMoss Wolgemuth, *Adorned: Living Out the Beauty of the Gospel Together* (Chicago: Moody, 2017).
2. Nancy DeMoss Wolgemuth, *Lies Women Believe Study Guide*, rev. ed. (Chicago: Moody, 2018). Please note that an older version of this guide, called *The Companion Guide to Lies Women Believe*, may still be available. The older version does not cover every aspect of this new edition of *Lies Women Believe*, so be sure and look for the Study Guide, not the Companion Guide.
3. Nancy DeMoss Wolgemuth and Dannah Gresh, *Lies Young Women Believe: And the Truth That Sets Them Free* (Chicago: Moody, 2008); Dannah Gresh, *Lies Girls Believe* and *A Mom's Guide for Lies Girls Believe* (Chicago: Moody, 2018); Robert Wolgemuth, *Lies Men Believe: And the Truth That Sets Them Free* (Chicago: Moody, 2018).

CHAPTER 1: Truth . . . or Consequences

1. Thomas Brooks, *Smooth Stones Taken from Ancient Brooks: Collected Sayings of Thomas Brooks*, comp. C. H. Spurgeon (Morgan, PA: Soli Deo Gloria, 1996, orig. pub. 1860), 93.

CHAPTER 2: Lies Women Believe . . . About God

1. A. W. Tozer, *The Knowledge of the Holy* (New York: HarperCollins, 1961), 1.
2. Pat Barrett and Anthony Brown, "Good Good Father," © 2014 Common Hymnal Digital (BMI) Housefires Sounds (ASCAP), Tony Brown Publishing Designee (BMI), worshiptogether.com Songs, sixsteps Music (ASCAP), Vamos Publishing (ASCAP), Capitol CMG Paragon (BMI) (adm. at CapitolCMGPublishing.com). All rights reserved. Used by permission. International copyright secured. All rights reserved. Used by permission.
3. Matt Maher, "Your Grace Is Enough," © Thankyou Music (PRS) (adm. worldwide at CapitolCMGPublishing.com excluding Europe which is adm. by Integrity Music, part of the David C. Cook family, Songs@integritymusic.com) / Spiritand song.Com Pub (BMI). All rights reserved. Used by permission. International copyright secured. All rights reserved. Used by permission. (50% control) CapitolCMG. © 2003, [2008] Thankyou Music (PRS) (administered worldwide at CapitolCMG Publishing.com excluding Europe which is administered by Kingswaysongs) and Matt Maher. Published by Spirit & Song®, a division of OCP. All rights reserved. Used by permission (50% control) OCP..

4. Stuart Townend and Keith Getty, "In Christ Alone," © 2002 Thankyou Music (PRS) (adm. worldwide at CapitolCMGPublishing.com excluding Europe, which is adm. by Integrity Music, part of the David C. Cook family. Songs@integritymusic.com). All rights reserved. Used by permission. International copyright secured. All rights reserved. Used by permission.
5. G. Campbell Morgan, *Exposition of the Whole Bible: Chapter by Chapter in One Volume*, G. Campbell Morgan Reprint Series (Eugene, OR: Wipf & Stock, 2010, orig. pub. 1959), 36.
6. Helen H. Lemmel, "Turn Your Eyes Upon Jesus" (1922).

CHAPTER 3: Lies Women Believe . . . About Themselves

1. "Meg Ryan: What She Really Thinks of Herself," *Ladies' Home Journal*, July 1999, 98.
2. W. E. Vine, *The Expanded Vine's Expository Dictionary of New Testament Words*, ed. John R. Kohlenberger III with James A. Swanson (Minneapolis: Bethany, 1984, orig. pub. 1940), 751.
3. Elisabeth Elliot, *A Lamp unto My Feet: The Bible's Light for Daily Living* (Ada, MI: Revell, 2004), Day 28, 83–84.

CHAPTER 4: Lies Women Believe . . . About Sin

1. Amy Bloom, *Self*, April 1999, 40.
2. Arthur Bennett, ed., *The Valley of Vision: A Collection of Puritan Prayers & Devotions* (Carlisle, PA.: Banner of Truth, 1975, 2002 edition), 124, 143.
3. Robert Lowry, "Nothing but the Blood" (1876).
4. John Alexander, "And That's That: Sin, Salvation, and Woody Allen," *The Other Side*, January/February 1993, 55.
5. Bennett, ed., *Valley of Vision*, 137.

CHAPTER 5: Lies Women Believe . . . About Priorities

1. Cited in *Seasons of the Heart: A Year of Devotions from One Generation of Women to Another*, compiled by Donna Kelderman (Grand Rapids: Reformation Heritage Books, 2013), June 24. Language has been lightly updated from the original.
2. Nancy Leigh DeMoss, *A Place of Quiet Rest* (Chicago: Moody, 2000).
3. Some of the material in this section has been adapted from chapter 10 of Nancy DeMoss Wolgemuth, *Adorned: Living Out the Beauty of the Gospel Together* (Chicago: Moody, 2017), 209–214.

CHAPTER 6: Lies Women Believe . . . About Sexuality

1. Mary Kassian, *Girls Gone Wise in a World Gone Wild* (Chicago: Moody, 2010), 135–136.

Notes

2. Nicole Braddock Bromley, *Hush: Moving from Silence to Healing after Childhood Sexual Abuse* (Chicago: Moody, 2008).
3. “Nicole Braddock Bromley,” OneVOICE (website), <http://iamonevoice.org/nicole>.
4. Bobbi Dempsey, *The Everything Tantric Sex Book: Learn Meditative, Spontaneous, and Intimate Lovemaking* (Avon, MA: F+W Media, 2007), 157.
5. Sheena McKenzie, “Mona Lisa: The Theft That Created a Legend,” CNN (website), updated November 19, 2013, <http://www.cnn.com/2013/11/18/world/europe/mona-lisa-the-theft/index.html>. See also Sidonie Sawyer, “The Mona Lisa Stolen by Museum Worker,” *Huffpost*, May 26, 2015, https://www.huffingtonpost.com/sidonie-sawyer/the-mona-lisa-stolen-by-museum-worker_b_7432448.html.
6. “Rosaria Butterfield on Sexuality,” video uploaded by The Gospel Coalition on August 13, 2015, transcribed by the author, <https://vimeo.com/136256875>.
7. Ibid.
8. Juli Slattery with Abby Ludvigson and Chelsey Nugteren, *Sex and the Single Girl* (Chicago: Moody, 2017), 40.
9. These “two commitments” listed on pages 148–49 are adapted from Slattery, *Sex and the Single Girl*, 42.
10. This list is adapted from one quoted in Juli Slattery and Dannah Gresh, *Pulling Back the Shades: Erotica, Intimacy, and the Longings of a Woman’s Heart* (Chicago: Moody, 2014), 61–63.
11. John R. Kohlenberger III and James A. Swanson, *The Hebrew English Concordance to the Old Testament* (Grand Rapids: Zondervan, 1998), word #3359.
12. Strong’s Concordance and Thayer’s Lexicon accessed through Bible Hub, s.v. *enechó* (Strong’s #1758), <http://biblehub.com/greek/1758.htm>.
13. Carolyn McCulley, “Sex and the Single Woman,” in John Piper and Justin Taylor, eds., *Sex and the Supremacy of Christ* (Wheaton, IL: Crossway, 2005), 186–87.

CHAPTER 7: Lies Women Believe . . . About Marriage

1. Amanda Marcotte, “Think Today’s Couples Split Household Chores? Think Again,” *Los Angeles Times*, December 13, 2016, <http://www.latimes.com/opinion/op-ed/la-oe-0512-marcotte-housework-men-20150512-story.html>.
2. Kelly Wallace, “Sheryl Sandberg Teams Up with LeBron James to Get Men to #LeanIn,” CNN, March 5, 2015, <http://www.cnn.com/2015/03/05/living/feat-sheryl-sandberg-lebron-james-men-lean-in/>.
3. Joan C. Williams, “Why Men Work So Many Hours,” *Harvard Business Review*, May 29, 2013, <https://hbr.org/2013/05/why-men-work-so-many-hours>.
4. Gordon J. Wenham, *Genesis 1–15*, vol. 1 of *Word Biblical Commentary*, gen. eds. David A. Hubbard and Glenn W. Barker (Dallas, TX: Word, 1987), 68.

5. Brian C. Howell, *In the Eyes of God: A Metaphorical Approach to Biblical Anthropomorphic Language* (Eugene, OR: Pickwick Publications, 2013), 124.
6. Kenneth A. Mathews, *Genesis 1-11:26*, vol. 1A of *New American Commentary: An Exegetical and Theological Exposition of Holy Scripture*, gen. ed. E. Ray Clendenen (Nashville: B&H, 1996), 214.
7. For a more extensive study of Genesis and an explanation of male and female roles, see Mary A. Kassian and Nancy Leigh DeMoss, *True Woman 101: Divine Design: An Eight-Week Study on Biblical Womanhood* (Chicago: Moody, 2012).
8. Southern Baptist Convention, “Baptist Faith and Message,” article 18 (“The Family”), rev. June 2000, <http://www.sbc.net/bfm2000/bfm2000.asp>.
9. Nancy DeMoss Wolgemuth, *Adorned: Living Out the Beauty of the Gospel Together* (Chicago: Moody, 2017), 268.
10. Dave Dunham, “A Word About Polite Abusers,” Pastor Dave Online, June 30, 2016, <https://pastordaveonline.org/2016/06/30/a-word-about-polite-abusers>.
11. Susan Hunt, *The True Woman: The Beauty and Strength of a Godly Woman* (Wheaton, IL: Crossway, 1997), 218, 223.
12. For a fuller treatment of the consequences of the fall as it relates to male/female roles, see Raymond C. Ortlund Jr., “Male-Female Equality and Male Headship: Genesis 1–3,” in *Recovering Biblical Manhood and Womanhood: A Response to Evangelical Feminism*, ed. John Piper and Wayne Grudem (Wheaton, IL: Crossway, 1991), 95–112.

CHAPTER 8: Lies Women Believe . . . About Children

1. Nancy Leigh DeMoss and Mary A. Kassian, *True Woman 101: Divine Design—An Eight Week Study on Biblical Womanhood* (Chicago: Moody, 2012); Mary A. Kassian and Nancy Leigh DeMoss, *True Woman 201: Interior Design—Ten Elements of Biblical Womanhood* (Chicago: Moody, 2012).
2. Margaret Sanger, *Woman and the New Race* (n.p: Figgy Tree, 2016, orig. pub. 1920), 64.
3. Laura Enriquez, “10 Eye-Opening Quotes from Planned Parenthood Founder Margaret Sanger,” Life News, March 11, 2013, <http://www.lifenews.com/2013/03/11/10-eye-opening-quotes-from-planned-parenthood-founder-margaret-sanger>.
4. Adapted from Planned Parenthood Federation of America, “Margaret Sanger—20th Century Hero,” report issued August 2009, https://www.plannedparenthood.org/files/7513/9611/6635/Margaret_Sanger_Hero_1009.pdf.
5. “What Does the Bible Say about Family Planning?,” GotQuestions.org, <https://www.gotquestions.org/family-planning.html>.
6. Holly Elliff with Bill Elliff, *Turning the Tide: Having More Children Who Follow Christ* (Niles, MI: Revive Our Hearts, 2008), 4–5.

7. Albert Mohler, “Can Christians Use Birth Control,” Albert Mohler (website), June 5, 2012, <http://www.albertmohler.com/2012/06/05/can-christians-use-birth-control-4/>.
8. Donna Christiano, “Fertility Treatment Options,” *Parents*, 2011, <http://www.parents.com/getting-pregnant/infertility/treatments/guide-to-fertility-methods>, accessed November 19, 2017.
9. Laura Bell, “The Fate of Frozen Embryos,” Parenting (website), <http://www.parenting.com/article/the-fate-of-frozen-embryos>, accessed November 10, 2017.
10. Elliff, *Turning the Tide*, 14–15.
11. Mark Lino, “How Much Will It Cost to Raise a Child?” United States Department of Agriculture (website). August 18, 2014, <http://blogs.usda.gov/2014/08/18/how-much-will-it-cost-to-raise-a-child>.
12. Lauren Sandler, “The Childfree Life: When Having It All Means Not Having Children,” *Time*, August 12, 2013, <http://content.time.com/time/subscriber/article/0,33009,2148636-1,00.html>.
13. Sandler, “The Childfree Life,” *Time*, <http://content.time.com/time/subscriber/article/0,33009,2148636-3,00.html>.
14. Amy Julia Becker, “How Many Kids Should We Have?” *Christianity Today*, July 2010, <http://www.christianitytoday.com/women/2010/july/how-many-kids-should-we-have.html>.
15. First Timothy 2:15 has the same grammatical construction as Paul’s admonition to Timothy in chapter 4, verse 16: “Keep a close watch your yourself and on the teaching. Persist in this, for by so doing you will save both yourself and your hearers.” Paul is saying that preaching was Timothy’s role and that perseverance in his calling would accompany genuine conversion. Preaching was not a means of Timothy’s salvation, but a necessary fruit of it.
16. Nancy Pearcey, *Finding Truth: Five Principles for Unmasking Atheism, Secularism, and Other God Substitutes* (Colorado Springs, CO: David C. Cook, 2015), 36.
17. John Piper, *Seeing and Savoring Jesus Christ* (Wheaton, IL: Crossway Books, 2004), 15.
18. Robert Mounce, *Romans*, vol. 27 of *New American Commentary: An Exegetical and Theological Exposition of Holy Scripture*, gen. ed. E. Ray Clendenen (Nashville: B&H, 1995), 256.

CHAPTER 9: Lies Women Believe . . . About Emotions

1. Francis de Sales, cited in *Daily Strength for Daily Needs*, ed. Mary W. Tileston (Boston: Little, Brown, 1899), 29.
2. “Depression in Women: Understanding the Gender Gap, Mayo Clinic (website), <http://www.mayoclinic.org/diseases-conditions/depression/in-depth/depression/art-20047725>, accessed November 11, 2017.

3. “Spurgeon on Depression,” Plentiful Redemption (website), May 16, 2013, <https://plentifulredeemer.wordpress.com/2013/05/16/spurgeon-on-depression/>.
4. Ibid.
5. D. Martyn Lloyd-Jones, *Spiritual Depression: Its Causes and Cure* (Grand Rapids: Eerdmans, 1965), 21.
6. Blue Letter Bible, s.v. asthene (“sick”), <https://www.blueletterbible.org/lang/lexicon/lexicon.cfm?t=ESV&strongs=g770>.
7. Blue Letter Bible, s.v. kamn (“sick”), <https://www.blueletterbible.org/lang/lexicon/lexicon.cfm?Strong=G2577&t=ESV>.
8. John MacArthur addresses the meaning of “anointing him with oil” in James 5:14: “Lit., ‘rubbing him with oil’: 1) possibly this is a reference to ceremonial anointing (see notes on Lev. 14:18; Mark 6:13); 2) on the other hand, James may have had in mind medical treatment of believers physically bruised and battered by persecution. Perhaps it is better to understand the anointing in a metaphorical sense of the elders’ encouraging, comforting, and strengthening the believer.” *The MacArthur Study Bible, New King James Version* (Nashville: Word Bibles, 1997), 1934.
9. Stephen Altrogge, “How to Fight for Faith in the Dark: Three Lessons for Depression,” Desiring God (website), <http://www.desiringgod.org/articles/how-to-fight-for-faith-in-the-dark>.
10. Ibid.
11. John Bunyan, *The Pilgrim’s Progress*, in *John Bunyan*, Legacy of Faith Library (Nashville: B&H, 2017), 191.

CHAPTER 10: Lies Women Believe . . . About Circumstances

1. Judith Viorst, *Alexander and the Terrible, Horrible, No Good, Very Bad Day* (New York: Atheneum; Simon & Schuster, 1972).
2. George Lewis Prentiss, ed., *More Love to Thee: The Life and Letters of Elizabeth Prentiss* (Amityville, NY: Calvary, 1994), 374.
3. Harry C. Green and Mary W. Green, “The Pioneer Mothers of America,” 1912, cited in Verna M. Hall, comp., *The Christian History of the American Revolution: Consider and Ponder* (San Francisco: Foundation of American Christian Education, 1988), 76.
4. R. Arthur Mathews, *Ready for Battle: 31 Studies in Christian Discipleship* (Wheaton, IL: Harold Shaw, 1993), 123, 71.
5. William Law, cited in *Daily Strength for Daily Needs*, ed. Mary W. Tileston (Boston: Little, Brown, 1899), 17.
6. Larry Crabb, *Finding God* (Grand Rapids: Zondervan, 1993), 17–18.
7. Frances R. Havergal, “Like a River Glorious” (1874).
8. Susan Hunt, *The True Woman: The Beauty and Strength of a Godly Woman* (Wheaton, IL: Crossway, 1997), 75.