

The Power of Your Personal Impact

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HARVEST HOUSE PUBLISHERS
EUGENE, OREGON

THE KEY THREE

1. State the main reason you're reading this book. What do you hope to achieve by it?
2. Are you more likely to resort to the power-of-one method, the power-up method, or the power of influence? Why?
3. How would you define *influence*?



THE KEY THREE

1. Did any section of this chapter cause you to reflect on your influence in a new light?
2. Be honest with yourself: Is your influence on others currently trending positive or negative?
3. What motivates you to be a positive influence on others?



..... **THE KEY THREE**

1. How would you describe the connection between the three levels of influence?
2. In what ways do you need to influence yourself more positively?
3. Who are the people you influence on a daily basis, and what is the result of that influence?

THE KEY THREE

1. State your vision for the future in one sentence.
2. Name one life change you can make right now to act on that vision.
3. Tell one person about your vision and ask them to join you in making it reality.



THE KEY THREE

1. Review the seven types of positive thinking and determine the ones in which you need to grow.
2. Name three practical steps you can take to become more positive in your thinking.
3. Enlist an accountability partner who will help you on your journey to become a positive thinker.



THE KEY THREE

1. Take mental inventory of your speech patterns for the past 24 hours. Note your use of both positive and negative words, and identify the trigger moments for each.
2. Name one form of negative speech you intend to eliminate, and one form of positive speech you intend to cultivate.
3. Choose one person in your home, school, or workplace and ask them to hold you accountable to use your words in a positive manner.

THE KEY THREE

1. State your motivation for change. Say out loud why it matters so much to you that you influence others in the area you have chosen.
2. Name one bad habit you would like to eliminate from your life in order to strengthen your example.
3. Name one good habit that you will acquire to reinforce the example you hope to provide.



THE KEY THREE

1. Consider your presence both in person and online. Determine whether it is currently positive or negative.
2. Name two key areas mentioned in this chapter in which you might improve your presence.
3. Name one person or group of people with whom you will be intentionally present this week.

THE KEY THREE



1. Consider this question: *Does encouraging others come naturally to me?* If so, why? And if not, why not?
2. Review the types of encouragement and ways to deliver encouragement listed in this chapter. Identify those you think you can most readily use.
3. List three people you know who may be in need of encouragement, and encourage them before the end of the day.

..... **THE KEY THREE**

1. Survey your attitudes and habits regarding generosity. Do you tend to have a scarcity mind-set or an attitude of abundance?
2. Name your chief obstacle to practicing generosity, then state what you will do to confront that objection or fear.
3. List three people in your social network who might benefit from your generosity. Choose at least one person to share with today.

THE KEY THREE

1. Recall the four stages of an endeavor and determine which stage you are in now.
2. What obstacles might you face in achieving your goals? What resources do you have—or can obtain—for overcoming them?
3. Write out your motivation for the change you hope to see in the world. If you have already written this statement, review it now.

THE KEY THREE

1. Name the person you most respect, then state what you have seen them sacrifice for others.
2. Review the three areas in which we often make sacrifices for others, and name the one that you find most challenging. Discuss this finding with a friend or mentor.
3. Name the most pressing need you see within your family, church, school, neighborhood, or workplace. Now ask God what you should sacrifice in order to meet that need.



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