

The Five Love Languages Test for Teenagers

Instructions:

Your parents have read *The Five Love Languages for Teenagers* and are wondering if they are speaking your love language. If they haven't already explained it to you, your primary "love language" is basically one of the following: words, touch, quality time, gifts, or service. You know your parents love you because they most often express their love to you through one of these "love languages."

You're going to see thirty pairs of things that your parents might do or say to show love to you. All you have to do is pick one item in each pair that you like better. For some of them, you might like both options—but just pick one. When you're finished picking one from all thirty pairs of items, you'll be able to count your score. That'll tell you and your parents what your main love language is.

You might be thinking, "Great, my parents are trying to 'get to know me better.' They've been reading again." But give them a break! They just want to make sure that you know they love you. It's pretty bad when a parent thinks that he or she is showing you love, and then one day you say something like "I never knew if my mom or dad loved me." So take this test! You'll learn something new about yourself, and it'll help your parents love you better!

(Please Note: We've included two copies of the same test below—in case there are multiple teenagers in your family.)

The Five Love Languages Test for Teenagers

Remember, you're going to see thirty pairs of things that parents do or say to show love to their kids. They may be things your parents do or say or that you wish your parents would do or say. Pick only the ONE item in each box that you like the best, and circle the letter that goes with that item. When you finish looking at all thirty pairs, count how many times you circled each letter and transfer that letter to the appropriate blank at the end of the test.

- | | | |
|---|--|---|
| 1 | Asks me what I think | A |
| | Puts his/her arm around my shoulder | E |
| 2 | Goes to my ball games, recitals, etc. | B |
| | Does my laundry | D |
| 3 | Buys me clothes | C |
| | Watches TV or movies with me | B |
| 4 | Helps me with school projects | D |
| | Hugs me | E |
| 5 | Kisses me on the cheek | E |
| | Gives me money for things I need | C |
| 6 | Takes time off of work to do stuff with me | B |
| | Rubs my shoulders or back | E |
| 7 | Gives me cool things for my birthday | C |
| | Reassures me when I fail or mess up | A |
| 8 | Gives me a high five | E |
| | Respects my opinions | A |

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|----|--|---|
| 9 | Goes out to eat or shops with me | B |
| | Lets me use his/her stuff | C |
| 10 | Tells me I'm the best son/daughter in the world | A |
| | Drives me to places I need to go | D |
| 11 | Eats at least one meal with me most every day | B |
| | Listens to me and helps me work through problems | A |
| 12 | Doesn't invade my privacy | D |
| | Holds or shakes my hand | E |
| 13 | Leaves me encouraging notes | A |
| | Knows what my favorite store is | C |
| 14 | Hangs out with me sometimes | B |
| | Sits next to me on the couch | E |
| 15 | Tells me how proud he/she is of me | A |
| | Cooks meals for me | D |
| 16 | Straightens my collar, necklace, etc. | E |
| | Shows interest in stuff that I'm interested in | B |
| 17 | Allows my friends to hang out at our house | D |
| | Pays for me to go on school or church trips | C |
| 18 | Tells me I look good | A |
| | Listens to me without judging me | B |
| 19 | Touches or rubs my head | E |
| | Sometimes lets me pick out where we go on family trips | D |

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|----|---|---|
| 20 | Takes me to the doctor, dentist, etc. | D |
| | Trusts me to be at home alone | C |
| 21 | Takes me on trips with him/her | B |
| | Takes me and my friends to movies, ball games, etc. | D |
| 22 | Gives me stuff that I really like | C |
| | Notices when I do something good | A |
| 23 | Gives me extra spending money | C |
| | Asks me if I need help | D |
| 24 | Doesn't interrupt me when I'm talking | B |
| | Likes the gifts I buy for him/her | C |
| 25 | Lets me sleep in late sometimes | D |
| | Seems to really enjoy spending time with me | B |
| 26 | Pats me on the back | E |
| | Buys me stuff and surprises me with it | C |
| 27 | Tells me he/she believes in me | A |
| | Can ride in the car with me without lecturing me | B |
| 28 | Picks up stuff that I need from various stores | C |
| | Sometimes holds or touches my face | E |
| 29 | Gives me some space when I'm feeling upset or angry | D |
| | Tells me that I'm talented or special | A |
| 30 | Hugs or kisses me at least once every day | E |
| | Says he/she is thankful that I'm his/her child | A |

Your Score:

A = Words of Affirmation

B = Quality Time

C = Receiving Gifts

D = Acts of Service

E = Physical Touch

The letter or love language that receives the most points is your primary love language. If you score the same score for two love languages, then you are bilingual. If you score high on one love language and have a close second, that second highest score is your secondary love language!

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