

READING GROUP GUIDE



1. Which heroine did you most relate to: Tess, Zoe, Anna, or Clare? Why?
2. We women can be so insecure. We wish we were thinner, blonder, and prettier. Instead of focusing on what you *don't* like about yourself, what *do* you like?
3. Tess mothered her sisters and everyone else but left little time for herself. What one thing can you start doing for yourself today?
4. Have you ever had anyone in your life who was a manipulator like Ryan's sister-in-law? How did you handle that person?
5. Zoe didn't want to go to college, though everyone else wanted it for her. Have you ever gone against the grain because you knew something wasn't right for you? Was it the right decision?
6. William carries a sea turtle with him to remind him that home is where you make it. Have you ever carried something special to remind you of something? Do you think William really wanted a place to call home and not just a reminder of it?
7. William is a born worrier. Zoe takes life as it comes. Do you have a friend in your life who complements your weakness? How so?
8. Betrayal in Anna Thomas's life created a fear in her of trusting others. She finally had to let that go and trust God, the only One who never fails. Have you ever struggled with that? If so, what did you do about it?

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9. Michael let his life get out of balance with his job eating up much of his family time. That created relationship problems between him and his son. What are some ways we can keep life in balance?
10. Anna didn't like confrontation for any reason. Sometimes in life, however, there is no avoiding it. When you're being confronted or you're the one doing the confronting, how do you handle it?
11. When Ethan confronted Clare about her fear of change, she rejected the truth and became defensive, making a decision she soon regretted. Share a time when you've found yourself in a similar situation.
12. Clare discovered that dreams without a plan of action get you nowhere. Is there some dream you've had on the back burner for too long? Is it time for you to make a plan of action?
13. After losing Ethan, Clare realized that "sometimes taking no risk is the biggest risk of all." Have you discovered this to be true in your own life? Share a time when you avoided a risk only to realize it was a mistake.